

Ducklings Winter Routine

7.00-8.30 Morning activities/Breakfast in the Bumblebee room

8.30-9.00 Transition to Duckling room

8.30-9.00 Nappies

9.00-9.30 Transition to handwashing and morning tea

9.30-9.45 Group time and apply sunscreen

9.45-10.15 Craft time and free play

10.15-11.00 Transition outside if weather permits

11.00-11.15 Nappies

11.15- 11.45 Transition inside for lunch

11.45-2.00 Depending on child's routine, rest time or play time

2.00 Nappies and apply sunscreen

2.00-2.30 Music time, dancing, songs or stories

2.30-3.00 free play

3.00-3.30 Transition outside for afternoon tea

3.30-4.15 Outdoor play

4.00 Nappies

4.15- 5.00 Transition to the Duckling room for free play

5.00 transition to Bumblebee room for Late snack

5.30-6.30 free play

6.30 centre closes

This routine is only demonstrated as a guide, Rainbow Haven offers a flexible routine to cater for all children's needs throughout the year.